

The Survival Kit Bug-Out Bag Checklist

Bags	Protection	Medical/Hygiene	Utility Gear
<input type="checkbox"/> Navy Blue or Black Assault Pack (Min 3,000 cubic in.) <input type="checkbox"/> Additional Assault Packs for Family (2,000 cu. in.) <input type="checkbox"/> Dog Pack (Optional) <input type="checkbox"/> Bike Bags	<input type="checkbox"/> Military Poncho (Black) <input type="checkbox"/> 55-Gallon Trash Bag <input type="checkbox"/> SOL Bivvy Emergency Bag <input type="checkbox"/> Diva Cup <input type="checkbox"/> N100 Medical Face Mask <input type="checkbox"/> Swimming Goggles <input type="checkbox"/> Plastic Bottle Lemon Juice	<input type="checkbox"/> Bandages <input type="checkbox"/> Quick-Clot Bandage <input type="checkbox"/> Antibiotic Ointment <input type="checkbox"/> Sewing Kit <input type="checkbox"/> Tweezers <input type="checkbox"/> Pain Reliever <input type="checkbox"/> Topical Rash/Burn Cream <input type="checkbox"/> Anti-Diarrheal <input type="checkbox"/> Super Glue <input type="checkbox"/> Pet Antibiotics <input type="checkbox"/> Potassium Iodide <input type="checkbox"/> Nuke Alert <input type="checkbox"/> Tea Tree Oil <input type="checkbox"/> Vicks VapoRub (or like) <input type="checkbox"/> Toothbrush & Toothpaste <input type="checkbox"/> Anti-Bacterial Hand Gel <input type="checkbox"/> Travel Size Baby Wipes <input type="checkbox"/> Soap	<input type="checkbox"/> Multitool <input type="checkbox"/> Eyeglass Repair Kit <input type="checkbox"/> Duct Tape (6') <input type="checkbox"/> Rescue Tape <input type="checkbox"/> P38 Can Opener <input type="checkbox"/> Compass <input type="checkbox"/> Sharpening Rod <input type="checkbox"/> Canteen Cup/Stove <input type="checkbox"/> Mini Entrenching Tool <input type="checkbox"/> Telescoping Hiking Pole <input type="checkbox"/> 550 Paracord <input type="checkbox"/> Dental Floss (~100 yd.) <input type="checkbox"/> Thin Bungee Cords (4) <input type="checkbox"/> Pocket Chair (Optional) <input type="checkbox"/> Cigarette Lighter USB Plug <input type="checkbox"/> Portable Solar Power Pack <input type="checkbox"/> Mini Hacksaw <input type="checkbox"/> Mini Fix-A-Flat (p.86)
<hr/> <p data-bbox="162 514 414 546">Food (~ 9 meals)</p> <input type="checkbox"/> Dehydrated Meals <input type="checkbox"/> Ramen Noodles <input type="checkbox"/> Nuts <input type="checkbox"/> Energy Bars <input type="checkbox"/> Instant Potatoes <input type="checkbox"/> Instant Oatmeal <input type="checkbox"/> Meal Replacement Powder	<hr/> <p data-bbox="568 546 698 577">Clothing</p> <input type="checkbox"/> Convertible hiking pants <input type="checkbox"/> 2 Pair Boxer-Briefs (Men); Boy-Shorts (Women) <input type="checkbox"/> 2 Merino Wool Compression Shirts <input type="checkbox"/> Hiking Boots <input type="checkbox"/> 3 Pair Wool Ski Socks <input type="checkbox"/> Thigh-High Panty Hose <input type="checkbox"/> Bandana <input type="checkbox"/> Kevlar Work Gloves <input type="checkbox"/> Roll-Up Vacuum Travel Bag <input type="checkbox"/> Water Shoes	<hr/> <p data-bbox="933 987 1031 1018">Water</p> <input type="checkbox"/> Bota Bag/Nalgene Bottle <input type="checkbox"/> Camelbak Style Water Bag <input type="checkbox"/> Filter Bottle or Straw <input type="checkbox"/> Water Purification Tablets <input type="checkbox"/> Powdered Electrolyte Drink Mix <input type="checkbox"/> Inline Water Filter (p.37)	<hr/> <p data-bbox="1177 987 1485 1092">Personal Survival Tin (Other contents listed in other sections; see p.66)</p> <input type="checkbox"/> Altoids Tin (2 or more) <input type="checkbox"/> Razor Blade <input type="checkbox"/> Mini Tea Candle <input type="checkbox"/> Duct Tape (6") <input type="checkbox"/> Rope Saw <input type="checkbox"/> Emergency Whistle <input type="checkbox"/> Signal Mirror <input type="checkbox"/> Button Compass <input type="checkbox"/> Aluminum Foil (2') <input type="checkbox"/> Safety Pins
<p data-bbox="129 976 446 1008">Hunting/Fishing Gear</p> <input type="checkbox"/> Pump Action Air Pistol <input type="checkbox"/> Predator Polymag Pellets <input type="checkbox"/> Mosquito Netting <input type="checkbox"/> Speed Hook (p.30) <input type="checkbox"/> Yo-Yo Fishing Reel <p data-bbox="170 1176 414 1207">"Prepper Fisherman"</p> <input type="checkbox"/> "Hourglass" Spice Bottle <input type="checkbox"/> 65lb Test Fishing Line <input type="checkbox"/> Fish Hooks <input type="checkbox"/> Lures <input type="checkbox"/> Fake Worms <input type="checkbox"/> Small Bobbers <input type="checkbox"/> Lead Weights <input type="checkbox"/> Tackle Beacons	<hr/> <p data-bbox="609 1092 673 1123">Fire</p> <input type="checkbox"/> Lighter/Spare Fuel <input type="checkbox"/> Magnesium Block/Steel <input type="checkbox"/> Tinder Kit Fire Tabs <input type="checkbox"/> Waterproof Matches <input type="checkbox"/> Solid Fuel Tabs (3-6)	<hr/> <p data-bbox="917 1291 1047 1323">Lighting</p> <input type="checkbox"/> Miniature LED Lights (w/Clip or Headlamp)	<hr/> <p data-bbox="1209 1543 1453 1575">Currency/Barter</p> <input type="checkbox"/> Cash (~ \$100+/person) <input type="checkbox"/> Pre-Paid Phone Card <input type="checkbox"/> Jolly Rancher Candies <input type="checkbox"/> Alcohol (Mini Bottles) <input type="checkbox"/> Porn <input type="checkbox"/> Cigarettes
<hr/> <p data-bbox="170 1596 406 1627">Communication</p> <input type="checkbox"/> Cell Phone w/Charger <input type="checkbox"/> 2-Way "Walkie" Radios <input type="checkbox"/> AM-Band Radio (Dynamo preferred)	<hr/> <p data-bbox="511 1407 755 1438">Evasion Support</p> <input type="checkbox"/> Camo Face Paint (w/White) <input type="checkbox"/> Stink Bomb <input type="checkbox"/> Hidden Storage Book <input type="checkbox"/> Bear Bells (2)	<hr/> <p data-bbox="868 1522 1096 1554">Self-Protection</p> <input type="checkbox"/> Machete <input type="checkbox"/> Tactical/Survival Knife <input type="checkbox"/> Firearm(s) <input type="checkbox"/> Pipe Dagger (p.79) <input type="checkbox"/> Camp Chair Bag (p.83) <input type="checkbox"/> 26.5mm Flare Gun <input type="checkbox"/> Spare Gun Parts	<hr/> <p data-bbox="568 1701 706 1732">Personal</p> <input type="checkbox"/> Pictures (Family/Party) <input type="checkbox"/> Flash Drive w/Photos <input type="checkbox"/> Critical Documents (p.98) <input type="checkbox"/> Country Signal Flag (p.99)